

eduthrive

the educator survival system



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The combined moments of our lives create our story. What do you want your story to be? Are you simply surviving or do you want to THRIVE? Our greatest lessons come from our hardest moments!

Lisa shares her personal journey with educator burnout and how she went from surviving each day to creating a life filled with fun, meaning, purpose and impact. Lisa's approach to living and her edu-Thrive keynote presentation will help you reframe your life as a purveyor of possibility!

Testimonials

Lisa is a rockstar! She inspires me to improve in all areas of my life, not just in my classroom!

~Teacher Participant

Your ability to connect with your audience and form a bond during the session was fantastic! I would like for my students to experience that bond and inspiration.

~Teacher Participant

I feel inspired, motivated, encouraged, and supported. I am re-energized to tackle the rest of the year. Lisa has given me a roadmap to find and maintain my joy!

~School Leader

Lisa Imel, M.Ed.,

Lisa helps people transform their lives from surviving to thriving (being happier, healthier, and leading more meaningful lives) by sharing her journey through chronic stress and burnout.

With over 20 years of experience as an educational leader and entrepreneur, Lisa embarked on her career as an educator to make a difference. That passion grew over the years and led Lisa to found EdSolutions Consulting Group, an educational consultancy that focuses on creating transformative experiences for school districts, colleges and educational nonprofits. As a former teacher, principal, and curriculum coordinator, Lisa is a passionate advocate for educators and believes in delivering holistic and powerful experiences so that educators, students and families lead happier, healthier and more meaningful lives.

Due to her expertise in human potential and at the encouragement of colleagues, Lisa founded Balanced Powerhouse, a personal and professional mentorship brand for high performing professionals that serves B2B and individual clients to prevent and deter burnout and lead successful lives without the sacrifice.

Some of Lisa's notable achievements include recognition as a school leader for her efforts in bullying prevention, awarded the distinguished Fulbright Scholarship and selected for the Argentina Fulbright Principal Exchange, chosen as an Ohio Leadership Advisory Council Facilitator, appointed as a Trustee at St. Joseph Montessori School, and recognition as a Paul Harris Fellow by the Rotary Club of Cleveland.

Lisa attended Bowling Green State University majoring in Secondary Education with minors in Political Science, History and Geography and earned a Master's of Educational Administration at The University of Toledo. She acquired her Principal and Superintendent Licensure at Ursuline College and Ohio University respectively.

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